

LUNCH MENU

The menu works on a three week rota. Every day there are four choices for lunch: A traditional meal, a jacket potato with a specified filling or a tomato based pasta pot, all served with seasonal vegetables and followed by the dessert of the day, or the final option of a sandwich plate which consists of a sandwich, a piece of fruit, a yoghurt and a homemade cake or biscuit.

	MEAT FREE MONDAY	TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
Week 1: Weeks Commencing: 13th April, 4th May, 15th June, 6th July, 7th September, 28th September, 19th October					
Week 1: Traditional	Hand Stretched Margherita Pizza with Garlic and Herb Potatoes	Hot Dog with Wedges	Roast Gammon with Roast Potatoes, Yorkshire Pudding and Gravy	Chinese Chicken with Fluffy Rice	Fish and Chips
Jacket Potato choice	Jacket potato with Cheese and seasonal vegetables	Jacket potato with Tuna mayo and seasonal vegetables	Jacket potato with cheese and seasonal vegetables	Jacket potato with Beans and seasonal vegetables	Jacket potato with cheese, Beans and seasonal vegetables
Pasta in a tomato based sauce	Pasta Pot	Pasta Pot	Pasta Pot	Pasta Pot	Pasta Pot
Or Sandwich lunch plate	Tuna Sandwich	Cheese Sandwich	Ham Sandwich	Cheese Sandwich	Ham Sandwich
Week 2: Weeks Commencing: 20th April, 11th May, 1st June, 22nd June, 13th July, 14th September, 5th October					
Week 2: Traditional	Hand Stretched Margherita Pizza with Tomato Pasta Salad	Beef Burger with Paprika Wedges	Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Cheesy Beef Melt with Potato Wedges	Fish Fingers and Chips
Jacket Potato choice	Jacket potato with Cheese and seasonal vegetables	Jacket potato with Tuna mayo and seasonal vegetables	Jacket potato with cheese and seasonal vegetables	Jacket potato with Beans and seasonal vegetables	Jacket potato with Cheese, Beans and seasonal vegetables
Pasta in a tomato based sauce	Pasta Pot	Pasta Pot	Pasta Pot	Pasta Pot	Pasta Pot
Or Sandwich lunch plate	Tuna Sandwich	Cheese Sandwich	Ham Sandwich	Cheese Sandwich	Ham Sandwich
Week 3: Weeks Commencing: 27th April, 18th May, 8th June, 29th June, 20th July, 31st August, 21st September, 12th October					
Week 3: Traditional	Hand Stretched Margherita Pizza with Sweet Potato Wedges	Singapore Chicken Noodles	Roast Pork with Roast Potatoes, Yorkshire Pudding and Gravy	Sausage Roll with potato Wedges	Fish Fingers and Chips
Jacket Potato choice	Jacket potato with Cheese and seasonal vegetables	Jacket potato with Tuna mayo and seasonal vegetables	Jacket potato with cheese and seasonal vegetables	Jacket potato with Beans and seasonal vegetables	Jacket potato with cheese, Beans and seasonal vegetables
Pasta in a tomato based sauce	Pasta Pot	Pasta Pot	Pasta Pot	Pasta Pot	Pasta Pot
Or Sandwich lunch plate	Tuna Sandwich	Cheese Sandwich	Ham Sandwich	Cheese Sandwich	Ham Sandwich